

K-27 Energy Points - Boost Your Natural Energies

If you have any the following symptoms, your K-27's may be out of alignment:

- Low energy
- Always fatigued (tired)
- Low immunity
- Always sick
- Feeling jet lagged

The 27th and last points on the kidney meridians are the neurological center of the acupuncture circuit. This main switchboard is an important organizer of energy flow throughout the body. When the K-27's are out of position, the body cannot express the truth and cannot perform to its maximum potential. When these points are in their proper aligned positions, we are "plugged in" and connected to the universal flow of energy. These points are located between the clavical and the first rib up against the breastbone.

Technique to Realign Body Energy



for your well being

When self adjusting, use the right hand to stimulate the left K-27 and the left hand to stimulate the right K-27 while the opposite hand is placed over the navel. It is important to always ground at the navel.

Stimulate K-27 points with firm rotary pressure for 15 to 30 seconds each or until the pain at the points subside. ***If the K-27's are sensitive they need attention.*** The K-27's may be stimulated as often as necessary.

Stimulate your K-27's before rising in the morning and start the day smoothly!

What to expect when the K-27's are aligned on a regular basis:

- More energy
- Clearer thinking
- Improved vision
- Brightens and straightens the body on all levels
- Ability to perceive the truth
- Feeling "plugged into the universe"
- Feeling in tune and turned on with a huge improvement in everyday living and effectiveness